Matthew 6:9-10 - "This, then, is how you should pray: 'Our Father in heaven, hallowed be thy name. Thy kingdom come. Thy will be done on earth, as it is in heaven. Give us this day our daily bread..."

Have you ever connected the Lord's Prayer with the accounts in the Bible of the divine multiplication of food? When the Israelites were wandering in the desert, God provided manna, a supernatural bread from heaven, that would appear on the ground each morning to feed every person.

When Jesus and the disciples were gathered with a crowd of 5000 by the Sea of Galilee, Jesus took five loaves of barley bread offered by a young boy and gave thanks to God for multiplying them to amply supply enough for everyone - with leftovers for sandwiches the next day! This was certainly evidence of the Kingdom of heaven coming to earth through the supply of daily bread.

When Jesus healed the daughter of a Canaanite woman from demonic oppression, He called healing "the children's bread." In other words, healing is a staple of Kingdom life - not an occasional luxury - that is available to all of God's children. He is able to provide the bread of healing today just as He did when He walked on the earth. He does not withhold it or offer it to just a few; He freely offers it and tells us to freely receive.

Just as with the manna that came down from heaven and the multiplied barley loaves, we must learn to see His willingness to heal our bodies as a daily sign and wonder that points to the goodness of our loving Father in heaven. Jesus tells us that eternal life is to know God and His Son.

Jesus is the Bread of Life, the Living Bread that remains in those who take and eat. Whoever eats this Bread will live forever! He tells us that if we remain in Him and His Words remain in us, we may ask for whatever we wish and it will be done for us.

We do not seek just the temporary satisfaction of a filled stomach. We seek the living, eternal presence of the Bread of Life Himself. When He freely lives, rules and reigns in us, we know that He hears us and we know that we have what we asked of Him. Today, taste and see that the Lord is good. Blessed is the one who trusts in Him.